





## Join the National Lead Event (televised) of the International Day of Yoga (IDY) 2021!

Sr.No.	Time	Programme
1.	6:30 AM - 6:35 AM	Address by Hon'ble Ayush Minister
2.	6:35 AM - 7 AM	Address by Hon'ble PM
3.	7 AM - 7:45 AM	Live Yoga demonstration by Morarji Desai National Institute of Yoga (MDNIY)
4.	7:45 AM - 8 AM	Message from leading Yoga Gurus

## Live on







The programme will be live on DD National, DD India and DD News. You can also watch the live-streaming of the event on the Ministry of Ayush Facebook Page and YouTube.